

UNIT PLAN OF EVEN SEMESTER (2023-2024)
PSYCHOLOGY BA 1st YEAR (Sem-II)

Subject :- General psychology

Total – 100 Marks
Theory – 70 Marks
Practical- 20 Marks
Internal Assessment-10 Marks

S.No	Topic	Teaching Point	Objective	Methods and techniques	Resources and links reference books
Unit I	Personality	<ol style="list-style-type: none"> 1. Nature meaning definition and characteristics of personality 2. Theories of personality <ol style="list-style-type: none"> 1. <u>Trait theories</u> <p>Eysenck trait approach four levels of behavior organization Eysenck , three basic dimensions of personality</p> <ol style="list-style-type: none"> 1. Introversion 2. extroversion 3. neuroticism 4. psychoticism <p>Costa and Mcrae how important are the "big five" dimensions of personality the big five factors the basic dimension of personality</p> <ol style="list-style-type: none"> 1. Extra version 2. Agree ablenes 3. Conscientiousness 4. Emotional stability 5. Openness to experience <ol style="list-style-type: none"> 3. Psycho analytic theory of personality (Freud) Some basic concepts of Freud's psychoanalytical theory of personality will we discussed 1. Instincts (life instincts Eros) death instincts (Thanatos) 2. Personality structure according to Freud dynamic aspect of personality id, Ego and super ego and their mutual relation 3. topographic aspect of personality conscious, subconscious and un conscious psycho/sexual stages of development 4. Humanistic theory (rogers self actualization) 5. Measurement of personality 	The objective of all the units is to provide broad understanding of basic concept and knowledge about psychology and how it relate with daily life.	<ol style="list-style-type: none"> 1. Class Teaching with example 2. Group discussions <p>Power Point and Presentations</p>	<p>Morgan.C.T., King, R.A., Weisz. J.R. and Schopler, J. (1987). introduction to psychology Singapore mcgraw.Hill</p> <p>Kerlinger, F.N.1964. Foundation of behavioural research . New York, holy, Tinvsty snf Eindyion</p> <p>Garrett H.E (1966) statistics in psychology and education, New delhi vakils.</p>
Unit - II					

		<ol style="list-style-type: none"> 1. self report measures 2. projective techniques and behavioral assessment <p>Meaning of development</p> <p>Meaning of heredity and environment, heredity factors influences development (physique, intelligence, sex differences, nervous system, endocrine glands, emotionality, socialization, environment factors influences prenatal and postnatal</p> <p>Theories of development</p> <ol style="list-style-type: none"> 1. Erickson psycho social theory <p>Stages of social development or processes of socialization , stages of trust , stage of autonomy, initiative stage, stage of industriousness, stage of identity, stage of intimacy, stage of generativity , stage of ego integrity</p> <p>Piagets, theory of cognitive development</p> <p>basic concept</p> <ol style="list-style-type: none"> 1. Schemas (behavioral schemas , cognitive mental schemas 2. Assimilation 3. Accommodation 4. Equilibration reflexes and mental disposition maturation and experiences 			
Unit III	Intelligence	<p>Meaning definitions and comprehensive definition of intelligence</p> <p>theory of intelligent</p>			

		<p>spearman,s eclectic theory or two factor theory (general ability "g" factor specific ability "s" factors Thurston's group factor theory of intelligence seven primary ability's</p> <p>III structure of intellect (SOI) by Guilford three dimension of intellect</p> <ol style="list-style-type: none"> 1. Operations 2. Content 3. Products <p>IV Cattell's theory of fluid and crystalized intelligence</p> <p>Measurement of intelligent</p> <ol style="list-style-type: none"> 1. Group test of intelligence (verbal, non verbal and performance test) 2. individual test (non verbal and verbal test) 3. group test (verbal and non verbal) 			
Unit IV	Statistics	<p>Graphical prehensive of data frequency distribution</p> <p>Steps in the grouping of data</p> <ol style="list-style-type: none"> 1. Finding the range 2. Determining the length of class interval 3. Writing the steps 4. Tally marks 5. Marking of class interval 6. Method of graphic representation of frequency distribution histogram, frequency polygon cumulative distribution curve cumulative percentage curve or ogive <p>Measure of central (mean, median and mod) and variability (range , quartile deviation or average deviation and SD correlation meaning of</p> <p>Co relation method to calculate and interpretation correlation</p>			

	Practical's	<ol style="list-style-type: none"> 1. verbal test of intelligence 2. non verbal test of intelligence 3. performance test of intelligence 4. mcCosta & Care NEO big five personality Inventory 5. Familiarization of any five apparatuses 			
		only for practical to be performed			
			Submitted- by Dr.Radhika Rattan Department of phycology		