

UNIT PLAN OF EVEN SEMESTER (2023-2024)

PSYCHOLOGY BA IIIrd YEAR (Sem-VI)

Subject :- Behavioural disorders

Total – 100 Marks

Theory – 70 Marks

Practical- 20 Marks

Internal Assessment-10 Marks

S.No	Topic	Teaching Point	Objective	Methods and techniques	Resources and links reference books
UNIT I	Anxiety Based Disorders	various anxiety disorders viz phobia, obsessive compulsive disorders (OCD), Panic , generalized anxiety and their nature, type , symptoms etiology clinical features of conversion and dissociative disorder and their prevalence causes also discuss about three dissociative disorders included in DSM/5 are depersonalization, dissociative amnesia and dissociative identity disorders	The objective of the syllabus is to provides, broad understanding Of basic concept and related to the study of abnormal behavior means different types of abnormality their symptoms and etiology .	<ol style="list-style-type: none"> 1. Class Teaching with example 2. Group discussions 3. Power Point and Presentations 	<p>Sarason, B.R.D sarason. I.G Abnormal psychology problem of maladaptive Behavior <i>C/le</i> prentice hall of india</p> <p>James n butcher cher jill m Hooley susan mineka abnormal psychology P pearson</p> <p>Garrett H.E (1966) Statistics in psychology and education new delhi vakils, Feffer and simons</p>
Unit to	Mood disorders	Type of mood disorders 1. unipolar depressive disorder (depressive episodes and there primary symptoms and their prevalence distinguish between the depressive and by polar disorders			
Unit III	Schizophrenia	Prevalence of schizophrenia symptoms as described DSM 5 include hallucination, delusions , disorganized, speech disorganized and			

		<p>catatonic behavior and negative symptoms etiology, genetic and biological, psychosocial, cultural factors associated with schizophrenic</p>		
Unit IV	Psychotherapies	<p>Psychological approaches most often used to treat abnormal behavior roll of psychodynamic, behavior, cognitive behavior and humanistic therapy</p>		
	Practical's	<ol style="list-style-type: none"> 1. Clinical interview 2. TAT 3. Depression inventory(back) state trait anxiety inventory 4. Self efficacy 5. Aggression scale <p>Out of these practical's four practicals have to be performed.</p>		
				<p>Submitted- by Dr.Radhika Rattan Department of phycology</p>